

THE FRIEND FACTORY

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THE FRIEND FACTORY

You're the boss.

Would you like to have some new friends? If so, I have some great news for you. You can make your own friends, just the way you want them. You make them in your friend factory.

Here is some more great news. In the friend factory, you're the boss. You get to make all of the rules. No one can tell you what to do or how to behave. You're the friend factory boss. You're in charge.

The things I'm going to tell you are important secrets. Only the friend factory boss is allowed to know about them. Please keep them to yourself. Please don't tell anyone else.

The first secret is this. Before you can find the friend factory, you need to take a very deep breath. Did you take a really big breath? Go ahead. Take a gigantic breath and blow it out. It's just like blowing out the candles on your birthday cake.

Did you take a big breath and blow it out? If so, you can use your imagination to find the friend factory. Where on Earth do you think it is? Is it in the kitchen? If you walk into the kitchen, the friend factory is there with you.

Is the friend factory outside, near the sidewalk? If you walk out the door and stand by the sidewalk, the friend factory is there with you.

When you go to school, is the friend factory in your classroom? If you're very quiet and look around slowly, you will spot it. The friend factory is there with you.

Maybe the friend factory is on the playground. Imagine that you're playing and having fun. Can you see yourself on the playground? You're feeling mighty fine. Stop and look around. The friend factory is there with you.

Woops, you're not on the playground anymore. Where did you go? You're at Grandma's house, eating homemade chocolate chip cookies. Can you use your imagination to see yourself at Grandma's house? Are those the best cookies you ever had? Of course they are. Those are Grandma's famous chocolate chip cookies. They are the best cookies ever. Enjoy your cookie and chew quietly. The friend factory is there with you.

Do you know where the friend factory is? Where on Earth is it? Let's see if we can figure out where it is.

The first place you went was the kitchen. After that, you walked out the door and stood by the sidewalk. Later, you were in your classroom. The next place you went was to the playground. You were even at Grandma's house, eating a chocolate chip cookie. Wherever you went, the friend factory was there with you.

How can that be true? Where on Earth is the friend factory hiding? Maybe you have already figured it out by yourself.

The friend factory is you. What do you think about that? Did you know that you're a friend factory? Just remember that you're the boss. The friend factory is there with you.

Making friends is very complicated. Being the boss of the friend factory is a big job. It's easier to let someone else be the boss. They can pick your friends for you. They can decide what you like to do. How do you like that idea?

What did you say? Did you say that you don't like that idea? Let me see if I have this right.

You're the boss. The friend factory belongs to you. It's your friend factory. You're in charge.

"I make my own friends. I decide what I like to do. I don't just do whatever other people want me to do. I'm the friend factory boss."

Is that what you said? Did I get it right?

Good for you. That is outstanding, spectacular, and totally terrific. You're definitely the right person to be the friend factory boss. You're also the right person to keep another secret. Lean down close to the book so I can whisper. I don't want anyone else to hear this.

You hang around with your friends. You don't talk much with other people. You want to have more friends but you don't work on it. You're still the boss but your friend factory is closed. It's not making friends anymore.

Are you frowning at me? Are you trying to tell me something?

"My friend factory isn't closed. I like my friends but want to make new friends. I'm the boss. I decide if I want to make new friends or not."

Okay, I hear you. You're the boss. You decide if you want to make new friends or not. Thank you for sharing that with me. I like it when you speak up, say what you think, and let me know how you feel about things.

I'm happy that you're the friend factory boss. You're in charge. You want to make new friends. I can tell that you have what it takes. You say what you think. You tell people how you feel about things. You decide about important stuff. You're the kind of person I would enjoy having as a friend. That's why I wrote this book for you. You can keep a secret. You have what it takes to be the friend factory boss.

You're a friend.

What does the friend factory boss do? I have a few tips for you. You can think about them. You decide if you want to use them. You're the boss. It's up to you.

The first tip is this. "To make a friend, you have to be a friend." What do you think about that? Are you a friend? Let's think about that.

Are you a friend? If so, you do the things friends do. Here are four things that friends do. You can decide if you want to do them.

1. Friends are consistent. They treat you the same way every time you see them. They always speak to you when they see you. They don't ignore people. Of course, they aren't friendly with strangers but they are always nice to people they know. They follow this rule. "I always treat everyone the way I would like them to treat me." Are you consistent? Do you treat everyone the way you would like to be treated?

"I want to make friends." Is that you talking? Did you say that you want to make friends? Good for you. That is totally terrific. Are you ready to get started making friends? If so, here we go.

Think of someone who you might like to have as a friend. It can be someone at your school or in your neighborhood. It's someone who you think might be a good friend. Did you think of someone? If so, they have to pass a little test.

Is that person consistent? Does that person treat everyone the way you want to be treated? Is that person always nice to other people? If so, that is someone who might be a good friend. If not, you can do a lot better than making friends with that person. You can spend your time talking with people who are consistent. They are like you. They are the best friends. Your friend factory works best when you spend your time making friends with people who are consistent.

2. Friends are positive. Positive means you are very sure. "I'm positive I like ice cream." Get ready. There's another kind of positive.

I'll whisper again, if that's okay with you. Lean down so no one can read over your shoulder. This secret is just for the friend factory boss. Are you checking to be sure that no one is trying to read this? Okay, here it is.

Some people get upset over nothing. They pout and call people names. They yell at people and are angry a lot. They argue with everyone. Do you like the word "sourpuss" to describe people like that? I'll use sourpuss. You can use a different word if you have one you like better. You are the boss.

Positive people are the opposite of sourpusses. It's easy to have fun when positive people are around.

Positive people get upset sometimes but they get over it quickly. They don't pout or call people names. They don't yell at people either. They get angry sometimes but don't stay angry very

long. If they get into an argument, they say what they think and then stop arguing.

Are you getting the idea? Positive people are fun to be around. They don't make fun of anyone. They follow this rule. "If I don't have something nice to say about someone, I'll keep quiet. I'm a positive person. I'm not a sourpuss."

Think about the person who you might like as a friend. You decided that they are consistent. They have to pass another important test.

Is that person positive? Is that person fun to be around? Does that person quickly get over being upset or angry? Does that person keep quiet instead of calling people names or getting into big arguments? If so, they might be a good friend. If not, you can do a lot better than making friends with a sourpuss. You can spend your time talking with positive people. They are like you. They also make the best friends. Your friend factory works best when you spend your time making friends with positive people.

3. Friends always do their best. I know that you always do your best but some people don't. They haven't figured out the secret.

You'll keep the secret to yourself, won't you? We don't want everyone to know. It's just between us. Here it is.

Let's think about how you do your best. Each time you do your best, you are the winner.

When you brush your teeth, do you make sure you get them really clean? Sure you do. You always do your best.

When you do your homework, do you make an extra effort to do it right? Sure you do. You always do your best.

When you play a game, do you try hard to win? Sure you do. You always do your best.

At school, do you pay attention to your teacher? Sure you do. You always do your best.

When you write, do you always try to write neatly? Sure you do. You always do your best.

Why do you always do your best? You do your best because you're special. You deserve the best. You try to be the best person you can be. That means you need to always do your best.

The next time you do something, ask yourself if you did your best. If you did your best, look in the mirror and smile at yourself. Say, "Thank you. I'm happy I did my best for me."

Some people don't always do their best. They could do better but don't. They don't know how important it is to do their best. They are satisfied with just doing good enough.

Think about the person who you might like as a friend. You decided that they are consistent. You also decided that they are positive. They aren't a sourpuss. Now, they have to pass another little test.

Do they always do their best? Do they pay attention at school? If they are playing a game, do they try hard to win? Do they do their homework every day? Do they keep their teeth nice and clean? Do they always do their best? If so, they might make a good friend. If not, you can do better.

You can spend your time talking with people who always do their best. They are like you. They make the best friends. Your friend factory works best when you spend your time making friends with people who always do their best.

4. Friends make good choices. This is a little bit complicated. You can handle complicated stuff because you're soooo smart. What do you think? It's fun being smart, isn't it?

You need to know about values. Do you know what values are?

Values are what you think are important. You believe that it's better to be right than to be wrong. That means that you value being right. Being right is one of your values. What other kinds of things do you value?

Do you have time for a short quiz? If you're not too busy, here are ten questions you can answer. Read the question. After you read a question, decide what your answer is. You don't have to write anything. You can just think about your answer for each question.

- ! Do you value taking care of your stuff?
- ! Do you value keeping clean and taking care of yourself?
- ! Do you value doing your best in school?
- ! Do you value being nice to other people?
- ! Do you value being honest?
- ! Do you value being someone people can trust?
- ! Do you value being cooperative?
- ! Do you value being helpful?

! Do you value being someone who people like to spend time with?

! Do you value being the best person you can be?

I know another little secret. You answered, "Yes," to each of the ten questions. How do I know that? I know it because I know something special about you. You're soooo smart. Smart people like you always answer, "Yes," to those questions.

Think about the person you might want to have as a friend. Please think about this carefully. How would that person answer the ten questions.

If you think they would give the same answers you did, you and that person have the same values. If not, you and that person have different values.

You know that friends make good choices. What does that have to do with values? That's a totally terrific question. I'm not surprised you asked it. You're soooo smart.

This is the deal. You use your values to make choices. Here's how it works.

You value taking good care of your stuff. That means that you'll choose to be careful with your things and put them away when you're finished. Do you see how your value causes you to make good choices?

You value keeping clean and taking care of yourself. That means that you'll choose to brush your teeth. You'll take your bath and eat balanced meals. You won't do things that are

dangerous or that could hurt you. Do you see how your values cause you to make good choices?

Let's do one more. You value doing your best in school? What choices does this value cause you to make? Of course you know the answer because you're soooo smart. Your value causes you to pay attention in school. It causes you to do your homework neatly and completely. It causes you to work hard to do your best in school.

You make good choices because you have good values. If someone else makes good choices too, that means that they have values like yours. You and that person value the same things.

If someone else makes bad choices, they don't have values like yours. That's why they make bad choices.

Think about the person you might like to have as a friend. Does that person have values like yours? Does that person make good choices? If they answered the questions on the quiz, would their answers be the same as yours?

If their answers would be the same as yours, they might make a good friend. If not, you would do better spending your time with someone else. They won't make a very good friend. Your friend factory works best when you spend your time making friends with people who make good choices.

That's the four things I promised to tell you about making friends. Friends are consistent. Friends are positive. Friends always do their best. Friends make good choices.

What do you think? Is that some good stuff to know about friends? You can use that stuff when you want to decide if someone would be a good friend.

Do you want to know some more stuff about making friends? If so, turn the page and read the next chapter. Before you do that, I'll give you a little hint about reading this book.

The things I've told you about friends are worth thinking about. Take some time to think about them. Instead of reading the next chapter right now, you deserve a break. Put the book down. Go do something really fun for a while. After that, you can come back and read another chapter. I'll wait here for you.

When you come back, we'll think about some more stuff. It'll help you be the best friend factory boss you can be. It's a big job but you can handle it. You know why. Go ahead and say it. "Because I'm soooo smart."

You're soooo smart.

Hello. Did you take a break? I hope so. Thanks for choosing to read some more.

Let's do a short quiz. Can you handle that? Of course you can. You know why, don't you? Go ahead and say it. "Because I'm soooo smart."

Here are five statements. Are they true or false?

- ! To make a friend, you have to be a friend.
- ! Friends are consistent.
- ! Friends are positive.
- ! Friends always do their best.
- ! Friends make good choices.

I know a secret. You decided that the statements are all true. You read the last chapter. You remembered what you learned. How did I know that? You know, don't you? It's because you're....

Did you finish the sentence for me? Okay, I'll finish it too. "Because you're soooo smart."

Are you ready for some more new ideas? That's spectacular. Let's squeeze eight into this chapter. That's a lot. Will that work? Will eight new ideas fit?

I hope they fit. Maybe they will all fit, if we go really fast. Let's give it a try. Here we go.

1. Friends know what's really important. Taking care of your stuff is important. Doing well in school is important.

Cooperating is important. Following your family's rules is important. Being honest is important. Doing your best is important.

You have a lot of important stuff on your list. What else goes on your list? Your list is pretty long. It's not as long as a million miles of string but it's pretty long.

Pick someone you might want as a friend. What's on their list? What do they think is really important?

Do you and that person agree about what's really important? If so, they might make a good friend. If not, you can do better. Spend your time with people who agree with you about what's important. They make the best friends.

2. Friends are assertive. Wow, there's a new word. Can you handle that? Sure you can because you're....

Assertive means that you stick up for yourself. You don't let people talk you into doing things you shouldn't do. You're the boss. You don't let people boss you around. You say what you think. If you think something is wrong, you say so. You're in charge of what you think and what you do. You're assertive.

Think about the person you might want to be your friend. Is that person assertive? If not, you can do better. Your friend factory works best when you spend your time with assertive people.

3. Friends don't try to boss people around. This is a tricky idea. That's no problem. You can handle tricky ideas, because....

You already know that friends are assertive. They don't let people boss them around. Here's the tricky part. They also do not try to boss people around. They stick up for themselves. They say what they think but they aren't bossy.

Think about the person who you might want to be your friend. Do they try to tell people what to do? Are they bossy? If so, you can do better. Spend your time with people who don't try to boss people around.

4. Friends are in your commercial. Pretend that you have your own commercial. Your commercial is about you.

People watch your commercial and learn stuff about you. What would you want in a commercial about you?

Pretend that people are watching your commercial. They learn about who you are. They are deciding if you're a nice person or not.

People are learning stuff about you. They learn if you're someone they want to hang around with. They are learning about what's important to you.

Here's the secret. They think you're just like the people in your commercial. Your friends are in your commercial, so people think that you're just like them.

When people watch your commercial, they see everyone you hang around with. Do you want people to think that you're just like them? Do you hang around with anyone you don't want in your commercial? If so, get them out of your commercial. Stop hanging around with them.

Your commercial is about you. People watch your commercial and decide who you are. Only hang around with people who you want to be in your commercial.

5. Friends don't make demands. What on Earth does that mean? Do you think we can figure it out? I believe we can, because....

People who make demands say stuff like this.

! "If you don't do what I want you to do, I won't be your friend."

! "If you talk with that person, I won't like you anymore."

! "If you hang around with those people, you can't hang around with me."

What do you think? Do you know someone who goes around making demands?

Here's a little secret. They don't really want to be friends. They don't care about you. They just want to control you. They only care about themselves.

People who make demands only care about themselves. You can do better. Spend your time with people who don't make demands.

6. Friends are dependable. If they make a promise, they try to keep it. They treat you the way you like to be treated. You can depend on them to tell the truth and to be honest. If you have a problem, they will try to help. They care about what you think and how you feel. They will stick up for you.

What do you think? Is it important for your friends to be dependable? Sure it is. You're depending on them. They are depending on you too. Stick with dependable people. Your friend factory works best when you only make friends with dependable people.

7. Friends are interested in people. Isn't everyone interested in people? Here's a little secret. Some people are only interested in themselves.

They are only interested in what they want to talk about. They are only interested in what they are doing. They are only interested in their ideas. They are only interested in doing what they want to do.

They aren't interested in what other people have to say. They aren't interested in what other people are doing. They aren't interested in other people's ideas. They aren't interested in what other people want to do.

Do you know people like that? They aren't interested in you. They don't care what you think. They don't care what you want to do. They don't care how you feel. They are only interested in themselves.

They aren't good friends either. You can do better. Pick your friends from people who care about people.

8. Friends are a good influence. There's another one of those new words. This one is "influence." What does it mean to be a good influence?

Imagine that you see someone eating popcorn. What would you want to do? You might want some popcorn too. Why would you want some popcorn?

You can say this. "I was influenced by the person who was eating popcorn. That made me want some popcorn."

Do you see how it works? People can influence you to do things. You see them doing something. You want to do it too. They don't make you do it. They influenced you.

What happens if you hang around with people who do well in school? You want to do well in school too. Those people are a good influence.

What happens if you hang around with people who are nice? You want to be nice too. People who are nice are a good influence.

What would happen if you hang around people who don't care how they do in school? It would be harder for you to do well in school. Those people are a bad influence.

What would happen if you hang around with people who are always getting into trouble? It would be harder for you to stay out of trouble. Those people are a bad influence.

You have a choice. You can pick your friends from people who are a good influence. You can pick your friends from people who are a bad influence. It's your choice.

Here's an important secret. Sometimes it's hard to decide. How can you tell? Who is a good influence? Who is a bad influence?

Ask yourself this question. "Do I want that person in my commercial? Do I want people to think I'm just like that person?" If so, they are a good influence. If not, they are a bad influence.

You'll choose your friends from people who are a good influence. How do I know that? I know because you're soooo smart.

You did it. You finished this chapter. Stand up and turn around. Woops, don't forget to sit back down.

Stretch your arms. Go ahead. Say it. "I'm soooo smart." You're also becoming a great friend factory boss.

Are you ready for the next chapter? Here's some spectacular news. It's the last chapter.

Do you need a little break? If so, this is a good time to take it. If not, read on. There is some really good stuff waiting for you in the last chapter.

You're the champion friend picker.

Welcome to the last chapter. This is totally terrific. We've been hanging around together for three chapters. I've had a great time. I hope you've had fun too.

I've saved some special stuff for you. I put it all into this chapter. Let's start with a quiz. It's longer because you've learned so much. A short quiz can't hold everything you've learned.

Are the statements true or false?

- ! You're the friend factory boss.
- ! To make a friend, you have to be a friend.
- ! Friends are consistent.
- ! Friends are positive.
- ! Friends always do their best.
- ! Friends make good choices.
- ! Friends know what's really important.
- ! Friends are assertive.
- ! Friends don't try to boss people around.
- ! Friends are in your commercial.
- ! Friends don't make demands.
- ! Friends are dependable.
- ! Friends are interested in people.
- ! Friends are a good influence.

! You're soooo smart.

Sure, you answered "true" to all fifteen statements. Did you know that you learned fifteen new ideas? Wow! That's a bunch. You certainly know a lot about making friends. That's why you're the friend factory boss.

There are only five more new ideas about making friends. You know how this works. It won't take long. You really are soooo smart.

1. Friends are good listeners. I don't need to ask you if you're a good listener. I already know that you are. You listen when your teacher is talking. You don't interrupt people. You wait for your turn to talk.

Here's a little secret. Most people think that being quiet is enough. "If I stay quiet, I'm listening." That's what they think but you know better.

You need to do more than stay quiet. You need to think too. You need to stay quiet so you can hear what the person says. You need to think about what they say so you can understand. Trying to understand is the secret part of listening.

You're a good listener. You stay quiet and pay attention. You also think. You try to understand.

Think about the person you might want as a friend. Does that person stay quiet when someone is talking? Does that person pay attention? Here's the most important question. Does that person try really hard to understand?

Watch people. Do they interrupt people who are talking or stay quiet? Do they pay attention? Do they try to understand?

Get ready. Take a gigantic breath. Blow it out really fast. This is extra complicated stuff. Listening has four parts. Get ready to count them.

! To listen, you have to stay quiet.

! To listen, you have to pay attention.

! To listen, you have to try to understand.

! To listen, you have to remember.

Did you get all four parts? What is the new part? Sure, it's remembering. Good listeners remember what people say.

You listen to your friends. You want them to listen to you. You want them to understand what you tell them. You also want them to remember what you say.

People who don't listen aren't good friends. People who don't stay quiet and pay attention aren't good friends. People who don't try to understand aren't good friends. People who don't remember aren't good friends. Do you know some people like that? Your friend factory works best when you spend your time with people who are good listeners.

2. Friends are considerate. Considerate isn't an easy word. It's not just being polite. It's not just having good manners. You know that those are important. That's why you're polite and watch your manners.

That's funny. You watch your manners. What would you see if you watched your manners? Can they dance or do a jig? Some people say that you mind your manners. You're the boss so why do you have to mind your manners?

Okay, I'm being silly. You're right. I agree. Being polite and good manners are serious stuff.

Being considerate includes being polite and good manners. It also includes some other stuff we need to think about. I'll be serious because being considerate is very serious.

Being considerate means that you care about how people feel. You care about what people need.

Think about how people feel. You don't want them to feel sad. You try not to hurt their feelings. You also try to do things to help them feel better when they are sad.

Here's another secret. Think about what people need. Do they need special help? Do they need extra time? Can you make things easier for them?

What if a friend couldn't run fast? What if a friend had trouble talking? What if a friend couldn't see or hear very well? What if a friend had trouble reading? What if a friend had a special problem?

You would try to help. You would do stuff they can do. You would include them in your activities. You would still be their friend because you're considerate.

Do you know people who don't care? Do you know people who aren't considerate? Sure you do. You also know that those people

aren't good friends. Your friend factory works best when you spend your time with considerate people.

3. Friends are patient. Being patient is really hard sometimes. You don't want to wait. You don't want to slow down. You don't want to take turns. You don't want to listen. You don't want things to take so long. You don't want to do what you have to do right now.

If you don't want to be patient, why do it? Okay, you might get into trouble and you don't want to get into trouble. What if you won't get into trouble? Is there any reason to be patient?

What do you think? Why be patient?

If you don't want to be patient, you can get upset. You can be unhappy. You can get frustrated. You can yell or pout. You have a lot of choices. It's your choice.

Sometimes you can't make things happen any faster than they happen. You might as well be patient. It will happen when it happens. You don't have to like it but you might as well be patient.

Sometimes being patient is a good way to be considerate. Did you know that? One way to be considerate is to be patient.

When someone needs a little extra time to do something, you're patient. When something doesn't happen when you expect it to happen, you're patient. When you need to do something for someone that's boring, you're patient. You're also being considerate. That's very clever. You know how to be patient and considerate at the same time.

Do you know people who aren't patient? They won't wait a minute for someone. They won't give people some extra time. They get upset and pout. They are also not considerate people. They aren't good friends either. Your friend factory works best when you spend your time with patient people.

4. Friends are gentle. I hear you. So far, you get it. You get it about being a good listener. You get it about being considerate. You even get it about being patient. So what's this being gentle stuff?

It's pretty easy. You don't push and shove. You don't hit or kick. You don't do things that hurt people. You're gentle.

There's a little more to it. You don't yell and scream at people. You're nice to pets and other animals. You're careful with things that might break. You're a gentle person.

Do you know people who aren't gentle? They push and shove. They hit and kick. They yell and scream. They aren't careful with people's stuff. They don't care if someone gets hurt. They aren't good friends either. Your friend factory works best when you spend your time with gentle people.

5. Friends hang in there with people. This is not very complicated. A friend is someone who will stick with you. If you have an argument, they'll get over it. If you don't want to do what they want to do, doing something else is okay. They are your friend.

If you're upset, they'll talk with you about it. If you need help, they'll try to help. If you're busy today, they'll see you tomorrow. They are your friend.

Do you know people who don't hang in there with people? If you have an argument, they stop talking to you. If you have a problem, they don't care. If you're busy, they get upset with you. They won't try to help.

This is a little secret just for the friend factory boss. Some people are fair weather friends. That means that they are only friends when they want to be friends. If someone else comes along, they'll hang around with them. They'll be nice to you if there's no one else to hang around with. If you have a problem, they don't care. They are friends when it is easy or they don't have something more fun to do. They are just fair weather friends.

What do you think? Is it important to pick your friends from people who hang in there with people. Sure it is. Your friend factory works best when you hang in there with people who hang in there with people.

Well, you did it. You finished all of the new ideas about making friends. Congratulations! That makes you the champion friend picker. Go ahead Champ, give yourself a big pat on the back. You deserve it.

So far, you've been the one who has taken the quizzes. You've done a great job too. Go ahead. Say it. "I'm soooo smart."

Now that you're the champion friend picker, you get to give people quizzes. Do you like that idea? It's spectacular, isn't it? You're the friend factory boss. You're the Champion. You give the quiz.

Here's how it works. Pick someone who you might want as a friend. Now ask these questions about that person. You can ask them or just imagine how you think they would answer them. What would their answers be if they were being very honest?

- ! Are you consistent?
- ! Are you positive?
- ! Do you always do your best?
- ! Do you make good choices?
- ! Do you know what's really important?
- ! Are you assertive?
- ! Do you try to boss people around?
- ! Are you someone who I want in my commercial?
- ! Do you make demands?
- ! Are you dependable?
- ! Are you interested in people?
- ! Are you a good influence?
- ! Are you a good listener?
- ! Are you considerate?
- ! Are you patient?
- ! Are you gentle?

! Do you hang in there with people?

Did you catch it? Did you spot the questions on the friend picker quiz that should get "No" instead of "Yes" answers? Sure you did. A clever person like you would catch them. Bossing people around and making demands are both things friends don't do. Those questions both should get "No" answers, shouldn't they?

When you think someone might make a good friend, give them the friend picker quiz. You're the champion friend picker. You pick your friends from people who do well on your friend picker quiz. They make the best friends. Your friend factory works best when you stick with people who do well on your friend picker quiz.

You did it! You finished all four chapters. You're a terrific reader, aren't you? Thank you for spending so much time with me. I hope you've enjoyed the book as much as I enjoyed writing it for you.

Have fun being the champion friend picker. Have fun being the friend factory boss. Most important, have fun being you. You really are spectacular. Go ahead, say it one more time. I'm....